



## PRESS RELEASE

### For Immediate Release – September 13, 2023

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## Texas-based Touchstone Communities Celebrates Award Winners for Administrator and Director of Nursing of the Year

*Texas Health Care Association has awarded Sherrel Charlton from The Heights on Valley Ranch in Porter Administrator of the Year and Javier Perez Cortez from Las Alturas Nursing & Transitional Care in Laredo Director of Nursing (DON) of the Year.*

San Antonio, TX, September 13, 2023 – The Texas Health Care Association (THCA) has announced the winners of their annual awards, recognizing outstanding job performance in long-term care. Among the recipients, two team members from San Antonio-based Touchstone Communities were recognized for their high level of professionalism and care for their communities, residents and staff.

THCA's Administrator of the Year, Sherrel Charlton, from The Heights on Valley Ranch in Porter, was selected amongst her peers for the honor based on her commitment to residents, families, employees, and the greater community. "Sherrel is the full package," said Leslie Campbell, COO. "Her love for the residents and her team is second to none. Over the past several years, she has faced the unknown with grace and courage. She is an amazing leader and takes that responsibility to the next level." Sherrel's leadership success is evident at The Heights on Valley Ranch, where the community enjoys an outstanding reputation based on community ratings and results.

Additionally, Javier Perez Cortez, from Las Alturas Nursing & Transitional Care in Laredo, was awarded Director of Nursing (DON) of the Year. The honor focuses on innovation with residents, staff, and care delivery, as well as a demonstrated commitment to continuous learning and professional growth. "The Touchstone family is honored to have Javi on our team. He lives our mission every day, Making Lives Better through his passion and dedication to his patients, residents and team members" said Ubaldo Santana, Administrator for Las Alturas. (Mr. Santana was awarded Administrator of the Year 2022.)

Winners were selected based on the specific information submitted through nominations from managers and peers, as well as letters of support from colleagues, managers, residents, family and community members, or others familiar with the nominee's contributions to long-term care. The awards were presented during THCA's 73rd Annual Convention & Trade Show in Dallas, TX, on September 12, 2023.

### **About The Heights on Valley Ranch & Las Alturas Nursing & Transitional Care**

Part of San Antonio-based Touchstone Communities, The Heights on Valley Ranch in Porter, TX, and Las Alturas Nursing & Transitional Care in Laredo, TX, both provide the latest in rehabilitation therapies and equipment so that guests can achieve the best results with their health. Both communities offer luxurious amenities and beautiful spaces for short-term stays or long-term care.

### **About Touchstone Communities**

For nearly 30 years, Touchstone Communities has been a leader in long-term care and skilled nursing rehabilitation in the state of Texas. They currently operate 27 communities in Texas. The Touchstone Experience is the company's pledge to Service Excellence through their purpose, mission, and vision; and their core values are exemplified by every member of the team to create a culture of accountable excellence. This unique culture leads to winning results for all those entrusted in Touchstone's care.

For more information, please visit:

**The Heights on Valley Ranch** – <https://www.touchstone-communities.com/community/the-heights-on-valley-ranch/>

**Las Alturas Nursing & Transitional Care** – <https://www.touchstone-communities.com/community/las-alturas-nursing/>

**Touchstone Communities** – <https://www.touchstone-communities.com>

### **About THCA**

Founded in 1950, the Texas Health Care Association (THCA) is the largest long term care association in Texas. THCA's membership is comprised of several hundred licensed nonprofit and for-profit skilled nursing facilities (SNFs), specialized rehabilitation facilities and assisted living facilities in Texas. These facilities provide comprehensive, around-the-clock nursing care for chronically ill or short-term residents of all ages and rehabilitative and specialized medical programs. THCA also represents more than 190 long term care businesses that provide products and services to the more than 3,200 nursing homes and assisted living facilities in the state. To learn more, visit <http://txhca.org>.

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